

Elk Taco Soup

- 1 pound ground elk
- 1 small onion chopped
- 1 can (15½ oz) mild chili beans, undrained
- 1 can (28 oz) tomato puree or crushed tomatoes
- ¾ bag frozen corn
- 1 can (8 oz) tomato sauce
- 1 pkg taco seasoning mix
- 1½ cup water
- 1 stalk celery - chopped

Brown elk with onions.

In large pot combine remaining ingredients, then add browned elk to pot.

Simmer for 20 - 25 minutes stirring occasionally.

Serve with shredded cheese and/or low fat sour cream.